

### **ABSTRACT OF THE DISCLOSURE**

The invention relates to a molded body which comprises at least one plant- or animal-derived fiber material, at least one plastic, and at least one water-binding biopolymer, where its water content is  $> 8.0\%$  by weight, preferably  $8.5\%$  by weight, particularly preferably  $9.0\%$  by weight, and it is not expanded.